



St Paul's Catholic Junior School

Be Kind Be Respectful Be Resilient

Dear Parents and Carers,

We are delighted to be taking our Year 6 pupils on a residential visit to Ghyll Head Outdoor Education & Activity Centre from Monday 12th October to Wednesday 14th October 2026.

The residential will provide the children with an exciting opportunity to develop their independence, confidence, teamwork and resilience while taking part in a range of outdoor activities. We are sure it will be a memorable and enjoyable experience for everyone.

Please read the following information carefully and keep it for reference.

Departure and Return

Departure – Monday 12th October

Location: Crown Road

Time: 9:00am

Please ensure that children arrive in plenty of time and are ready to depart at 9:00am. ***If required, children can arrive at school as normal on the morning of Monday 12th October, and they will be supervised by school staff until it is time for the group to depart.***

Return – Wednesday 14th October

Location: Crown Road

Time: Approximately 3:00pm

Medical and Dietary Information

Please ensure that all medical forms and dietary requirement forms are completed and returned to school by:

Friday 25th September 2026

I will be sending these forms out the week beginning 21st September

It is important that we have the most up-to-date information so that we can make the appropriate arrangements for every child during the residential.

Medication

Medication can be brought into school from Friday 9th October onwards.

All medication must be clearly labelled and handed directly to your child's class teacher no later than the morning of Monday 12th October, before departure.

Ghyll Head Residential – Kit List

Please use the checklist below when packing for the residential.

Please do not purchase expensive or designer outdoor clothing or footwear. The centre recommends practical, inexpensive clothing as children will be taking part in outdoor activities and clothing may become wet or muddy.

Clothing

- 3 fleece or wool jumpers
- Lots of T-shirts
- 3 pairs of trousers – thick tracksuit trousers or combats (NO JEANS)
- 3 pairs of thick/wool socks
- Wool/fleece hat and gloves
- An extra pair of gloves and hat
- Nightwear
- Underwear and socks
- Casual indoor clothes
- Thermal T-shirts/underwear
- Long-sleeved lightweight shirt/T-shirt
- Tracksuit bottoms/leggings (not too baggy)
- Shorts

Footwear

- Indoor shoes
- Old trainers for kayaking
- Wellington boots
- Thick/wool socks for wearing with walking boots

Please do not purchase expensive walking boots or outdoor footwear.

Toiletries and Essentials

- Wash kit
- Towels
- Toothbrush
- Drink container
- 2 bin bags:
 - One to waterproof the rucksack
 - One to store wet clothing for the journey home

Equipment Provided by Ghyll Head

There is no need to purchase specialist outdoor equipment. Ghyll Head provides:

- Waterproof jacket and trousers
- One fleece jumper
- Walking boots
- Rucksack
- Wetsuit
- Buoyancy aid
- All specialist and safety equipment
- Bed linen

- Duvet and pillow

Activities

During the residential, the children will have the opportunity to take part in a range of exciting outdoor and team-building activities, including:

Ghyll Scrambling

An exciting water-based adventure involving climbing, scrambling and exploring through a rocky stream.

Climbing Wall

Children will challenge themselves on the climbing wall, developing confidence, determination and resilience.

Zip Wire

A thrilling activity where children will have the opportunity to experience the zip wire.

Ropes Course

Children will navigate a series of challenging obstacles, developing teamwork, balance and confidence.

Nightline

A team-building challenge where children work together to navigate a course, using communication and trust.

Abseiling

Children will learn how to safely descend a rock face using ropes and specialist equipment, building confidence and resilience.

Kayaking

Children will take to the water in kayaks, developing their paddling skills while working together and enjoying an exciting outdoor experience.

A Valuable Opportunity for Year 6

Residential visits provide children with opportunities to develop skills that extend beyond the classroom. Throughout the trip, we hope to see the children developing their independence, problem-solving skills, teamwork, resilience and confidence.

We would like to thank parents and carers in advance for your support in preparing the children for the residential. If you have any questions or concerns regarding the trip, please do not hesitate to contact the school.

We are very much looking forward to what promises to be a fantastic experience for our Year 6 pupils.

Kind regards,

Mr Connolly

Deputy Headteacher / SENCo

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