

Our Confidentiality Policy

The service we provide is confidential and we will respect your privacy. We will ask for your consent before we share information about you. However, if we feel that you or someone else may be at risk, we may need to contact someone else. We would inform you of this first where possible.

At THE Action Youth you have the right to:

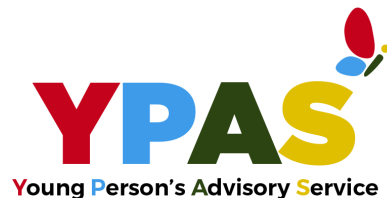
- Be listened to and taken seriously
- Be treated with respect at all times
- Be accepted for who you are
- Be in a safe space, free from discrimination of any kind
- Know who you can turn to for support
- Be involved in decisions about the group that affect you
- See information we keep about you
- Give feedback about how the group is run so we can continue to make it a safer place which meets your needs
- Decide at any time if you no longer wish to attend the group.

YPAS has 3 Hubs across Liverpool:

YPAS Central Hub
36 Bolton Street
L3 5LX
0151 707 1025

YPAS South Hub
Lyndene Road
Childwall
L25 1NG
0151 305 2030

YPAS North Hub
Croxdale Road West
Croxteth
L14 8YA
0151 305 2040



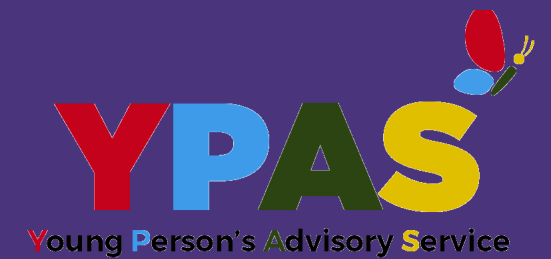
Fax: 0151 707 1252

Email: support@ypas.org.uk Web: ypas.org.uk



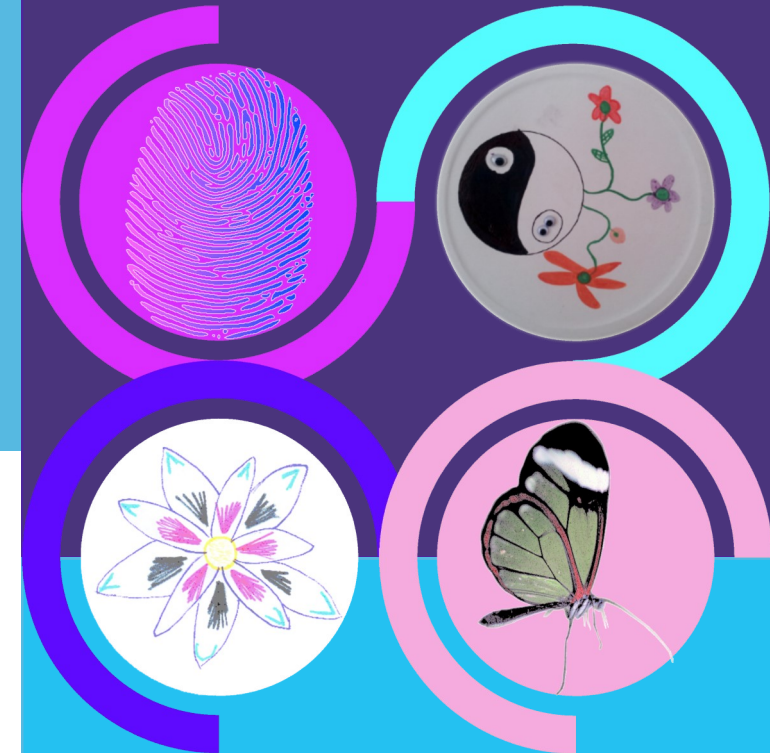
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THE Action Youth

Trans* Health Education

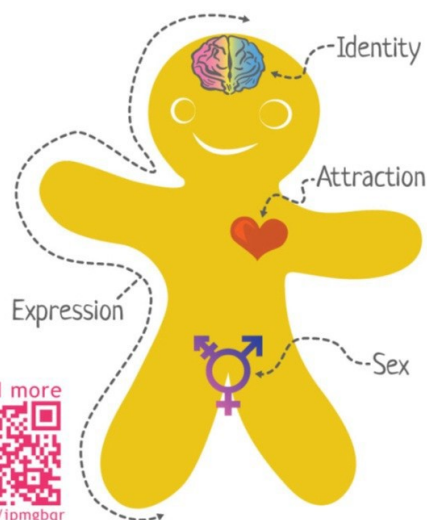


Assisting young people to reach
their full potential



Who is THE Action Youth for?

Anyone aged 10-25 whose gender identity is different to how others see it, or is questioning their gender identity. This could be someone whose gender identity does not match their biological sex.



Scan this code for more information (download a QR Code reader) or go to <http://itspronouncedmetrosexual.com/>

- The group session: Please check our website for the latest group times and event details

www.ypas.org.uk

- One-to-one support available through the week (10-25 year olds)



What is THE Action Youth?

'THE' stands for Trans* Health Education. This group is specifically focused on gender identity which enables young people to realise that they are not the only ones who feel this way. It can also provide you with specific and relevant information to meet your needs.

THE Action Youth provides a safe space to express and explore yourself in an understanding and accepting environment. You will be surrounded by like-minded people who are willing to share their experiences and provide peer support.

Supporting you

Staff qualified in Youth work, Social work and Information Advice and Guidance will facilitate a range of session based on the needs you have.

This may include:

- Coming out and Social transition
- Medical transition and access to medical services
- Exploring who you are
- Overcoming difficulties in school
- How to talk to your family about being trans*
- Coping with dysphoria (unhappiness with your body and gender not matching)
- Breaking down isolation

'Children have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account.'

(UNCRC – Article 12)

What's the T? - a short glossary

Trans* is an umbrella term which reflects the inclusive nature of gender diversity beyond the male / female gender binary.

Gender Identity is your internal sense of self.

Transman—Used to refer to a man who was assigned female at birth

Transwoman—Used to refer to a woman who was assigned male at birth.

Non-binary— An umbrella term describing those who have a gender identity outside the tradition male or female binary.

Bigender— Someone who alternates between male and female gender expressions, either at will or involuntary

Genderfluid—Someone who identifies as genderfluid believes that their gender changes continuously.

Agender—Someone who does not identify with being male or female or any combination of the two

Cisgender—Someone whose gender matches that which they were assigned at birth. The opposite of transgender.

This is not an exhaustive glossary, it is here to help you find the language to use for yourself