

ST. PAUL'S



St Paul's Catholic Junior School SEND Newsletter

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Spring 2026

Welcome to the Spring Term edition of our new SEND newsletter - a space where we celebrate creativity, learning and uniqueness across our school community.

Meet the SEND Team members:

Mrs O'Callaghan

SENCO (DHT)

Strategic Mental Health Lead

Mrs Jackson

Learning Mentor

Miss Hodgkinson

Learning Mentor

Mr Doyle

Operational
Mental Health Lead



Our school context:

No of pupils on our SEND register: **119**

SEN Support: **98 children**

EHCP: **21 children**

Primary areas of need for our school:

Autism - **56 pupils**

ADHD - **23 pupils**

Dyslexia - **10 pupils**

Moderate Learning Difficulties – 10 pupils

The majority of our learners with SEND are supported through school **SEN support** which means those children will have school based interventions and a SEN support plan in place. Some of our children need a higher level of support and need provision beyond that usually expected from a mainstream setting and those children are supported through an **Education, Health and Care plan (EHCP)**. The process for applying to the local authority for an EHCP is a long and challenging one but we are happy to support parents to do this for those learners with multiple and complex needs that require the highest levels of support.

Spot light on: ADHD

ADHD (Attention Deficit Hyperactivity Disorder) is a condition that affects how a child's brain works. Children with ADHD may find it harder to **concentrate, sit still, or think things through before acting** — and that's not something they can help.

Every child with ADHD is different. Some children have lots of energy and are always on the go, while others may seem more dreamy, forgetful, or easily distracted. Many children experience a mixture of these traits.

ADHD is **not caused by parenting** and it isn't about being naughty. Children with ADHD are often **curious, imaginative, kind, and full of ideas**. Sometimes they just need a little extra support, clear routines, and understanding to help them show their best selves.

With the right support at home and at school, children with ADHD can feel confident, happy, and successful.

Some of the ways to support a child with ADHD at home and school:

🕒 **Stick to routines**

Clear, predictable routines help children feel safe and ready to learn. Visual timetables or checklists can be a big help.

📌 **Break things down**

Small steps make big tasks feel manageable. One instruction at a time works best.

★ **Notice the positives**

Praise effort, kindness, and trying — not just the end result. This really boosts confidence.

🗣️ **Keep language positive**

Calm, clear instructions help children know what to do. Simple phrases work better than lots of reminders.

🏃 **Build in movement**

Short movement breaks help children refocus. This could be stretching, a quick walk, or a practical classroom job.

🗑️ **Create calm spaces**

A tidy, quiet space can make concentrating easier, both at home and in school.

👨👩 **Work together**

When home and school communicate regularly, children feel supported and understood.

💕 **Be patient and kind**

ADHD can be tiring for children. Understanding, consistency, and reassurance make a huge difference.

Beautiful New Beginnings Events:

Wellbeing Warriors, children age 8+, fun wellbeing activities, 1st Tuesday each month, West Derby 6.30pm

Family Mindfulness Sessions, 3rd Tuesday each month, West Derby 6.30pm

Girl's Only Water Wellbeing age 10+ Thursdays 7.45pm, term time only. Dixons Broadgreen School

Children's Water Wellbeing age 8+ boys & girls. Saturdays 1.45pm, terms time only. Dixons Broadgreen School

Wellbeing Warriors. Monthly session for children in year 5 to promote happiness and holistic health.

To book visit <https://www.beautifulnewbeginnings.co.uk/events>

ASD Training Team

The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom. They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of ASD to book your place email -

asdtrainingteam@liverpool.gov.uk

Our Partner Agencies



Working Together

We are committed to supporting every child so they can thrive in their learning journey. If you have concerns about your child, please speak to your child's class teacher or a member of our SEN team. Together, we can ensure the right strategies are in place to help them succeed.

Thank you for your continued support.

Yours sincerely,

The SEN Team

Be Kind. Be Respectful. Be Resilient.